



Apple Harvest Festival

Presented by the Glastonbury Chamber of Commerce

5K Road Race & Kids Fun Run

The Event: The Glastonbury Chamber of Commerce will be holding a 5K (3.1 miles) road race and Kids Fun Run in conjunction with the Apple Harvest Festival.

Date:
Sunday, October 18, 2009

Time:
8:00 a.m. Registration for 5K & Check-In at Hubbard Green
8:30 a.m. Kids Fun Run
9:00 a.m. 5K Run/Walk Road Race - Start
10:00 a.m. 5K Awards Ceremony

Entry Fee:
\$20 for 5K pre-registration (must be post-marked before October 3, 2009), 5K is \$25 for those registering after this date.

Registration Forms:
Fill out and sign this form. Make checks payable to the "Glastonbury Chamber of Commerce" and mail to Keenan Law, P.O. Box 982, Glastonbury, CT 06033. Inquiries can be directed to race director Michael Keenan at (860) 657-2683 or email: michael@keenan-law.com.

T-Shirts: Short-sleeve 2009 Apple Harvest Festival/Road Race tees will be provided to the first 150 people registering for the 5K road race, so register early!

Kids Fun Run: This is a race just for kids that want to have some fun. The Kids Fun Run goes around Hubbard Green and is open to all children. It will begin at 8:30 a.m. Please register.

5K Course:
The 5K course starts near the Hubbard Green in Glastonbury. The race will proceed down Buttonball Lane into the Buttonball Elementary School area, returning to the Hubbard Green for the finish. A water station will be located on the course in front of the Elementary School with volunteers handing out water as runners pass by. Water will also be provided at the finish area. This USATF certified race is fast, fun and challenging.

Race Times: All times will be monitored and recorded by Hi-Tek Racing, with official times provided shortly after the race and at www.hitekcracing.com. Split times will also be provided at the mile 1 and mile 2 marks.

Awards: Awards will be presented at a post-race ceremony. 5K awards will go to the top male and female finishers in the following age categories: 18 & under; 19-29; 30-39; 40-49; 50-59; and 60 and over. All ages are as of race day.

5K Course Record:
Male - 15:22 (2002)
Female - 18:55 (2006)

Directions:
From 84, take Rte 2 East, take left-hand Exit #7. From right hand lane, take second exit for Hubbard St. Turn right at end of ramp. Hubbard Green will be on right.
From I-91, take Rte 3 North. From Rte 3, take Rte 2 East and follow above directions. Parking available south of the Hubbard Green on the Main Street soccer fields (Clark Field).

Yes, I'd like to register for the 5K Road Race - \$20 before 10/3 or \$25 after 10/3 Yes, I'd like to participate in the Kids Fun Run-free.

Name: _____ Phone _____

Address: _____ Email _____

Male: Female: T-Shirt Size: M L XL (5K registrants only)

Age on race day: _____ Race Bib #: _____ (for official use only)

My check is enclosed Please charge my Mastercard Visa AMEX

Card # _____ Exp. Date: ____/____/____ V# _____ (V# located on the back of your card near signature)

Credit Card Billing Address (if different from address listed above): _____

In consideration of my entry in the Glastonbury Apple Harvest Festival 5K Road Race, I hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damage I may have against the race directors, Town of Glastonbury, the Glastonbury Chamber of Commerce, and all race sponsors, volunteers, and their agents for any injuries suffered by me from or out of my participation in this event. I attest that I am physically fit and that my condition has been verified by a physician.

X _____ Applicant's Signature (Signature of Parent or Guardian if under age 18)